



Australian Cycling Holidays

COASTAL ESCAPE CYCLE TOUR
6-Day Cycle Walk & Cruise

About Australian Cycling Holidays

Australian Cycling Holidays provides self-guided, multi-day cycling tours to individuals, families and groups. Based on the South Coast of NSW, the tours showcase the region's scenery and attractions.

Coastal Escape Cycle Tour 1

This is a 6-day, 5-night tour allows you to explore the beautiful NSW coast south of Sydney, from the Royal National Park to the crystal clear waters of Jervis Bay. The route travels through coastal towns, forests and farmlands and includes a day walking the Kiama Coastal Path, and an eco-adventure boat trip around the beautiful Jervis Bay Marine Park. Cycling sections are 30% on bike paths, 70% on road. **Distance: 240kms**

Tour Inclusions

- 5 days cycling, plus 1 walk day (or rest day).
- 5 nights' accommodation and breakfast.
- Dolphin Wild eco-adventure cruise around Jervis bay.
- Hire of bicycles, helmets, front panniers and cycling equipment, or bring your own.
- Maps and ride notes, detailing route and attractions.
- Ferry transfer to Huskisson.
- Water bottle, snack and emergency rain poncho.
- Luggage transfer.
- Roadside assistance.
- Welcome drink on your first night.

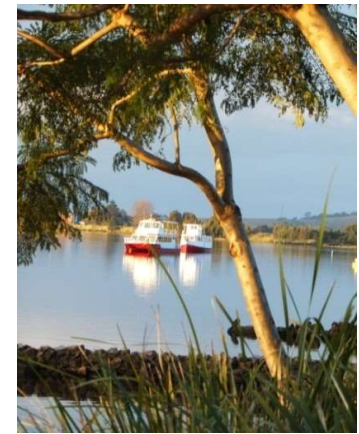
Tour Highlights

- Cycling through the Royal National Park
- Watching out for dolphins, turtles and sometimes even whales from your eco-adventure cruise.
- Cycling the Illawarra coastal cycle path past beautiful beaches, lagoons and wetlands.
- Visiting the Nan Tien Temple and gardens, the largest Buddhist temple in the Southern Hemisphere.
- Discovering Kiama's dramatic headland, blowhole, lighthouse and museum.
- Walking the magnificent coastal track from Kiama to Gerringong.
- Swimming in one of the many beautiful beaches in the area, or a morning dip in one of the iconic rock-pools.
- Relaxing on Jervis Bay's stunning white sand beaches
- Sampling the local produce and wines in Berry

Meals (except breakfast), incidentals, admission to attractions, museums and guided tours are at own expense.



Photo courtesy of Mike Newling, Destination NSW



What to bring

- Wear shorts, t-shirt and covered shoes for cycling and walking.
- Sunscreen, sun-glasses and wet-weather gear.
- Jumper for winter; swimmers for warmer months.
- Clothes and accessories for 6 days. Luggage is limited to 1 bag per person, maximum 20kg.

Location

- Start: 9:30 am, **Waterfall Station**.
 - 0.75 hours by car, 1 hour by train from Sydney.
- Finish: 4pm, **Nowra Golf Course, Nowra** on the 6th day.
 - Train takes 3 hours to return to Waterfall Stn.
 - Train fares are at own expense. Fares currently less than \$10 per adult; on Sundays, all fares are \$2.50.

Prices (includes GST)

- \$1,760 per person based on twin share. Ask us if you wish to take the trip by yourself.
- Prices valid until 31/12/2017
- 10% Surcharge applies over Easter period and long weekends and some school holidays.

Bookings Essential

- Tours start daily except Sundays, from February to December.
- Bookings must be made at least 7 days in advance.
- Participants' heights and ages (if under 18) required.
- Payments by Credit Card or direct transfer.